



WHAT'S ON AT KINDY

Friday 20th September
Last day of Term 3

Sunday 29th September
Play in the Park
Rocks Riverside Park

Tuesday 8th October
Term 4 begins

Thursday 10th October
School Readiness Skills
Parent Evening @ Kindy, 7pm.

Saturday 12th October
Rainbow Rummage & Open
Morning, 10am - 12pm.

Friday 25th October
Brookfield Halloween
Twilight Markets, 4-9pm.
Cupcake Stall

FROM THE DIRECTOR

Joanne White, Teacher/Director Purple Group

Hi to all our families! I wanted to write about something that is very close to my heart, that is, involving families in our Community Kindergarten. At Kenmore Park, we see our relationship with your children and your family as the most important part of everything we do. Research shows that children are much more likely to reach their full potential in life when their family and Early Childhood Educators work together. After all, you are your child's first and most influential educator. From birth, your child is connected to your family, community, culture and place (ELYF pg. 5-7). It makes sense that when we partner with you, your children will feel more accepted, valued, understood and more able to learn. Also, as we get to know your family, child and values, we have the opportunity to tailor our program, interactions and the approach of our organisation to you, the people we are here to support.

So, what sort of partnerships would we like to have with our families?

Partnerships are a relationship, not a set of activities or strategies. They will involve us:

- understanding each other's expectations and attitudes.
- valuing each other's contributions to and roles in the child's life.
- developing mutual trust.
- maintaining open and respectful communication.
- valuing each other's knowledge of your child, building on and contributing to each other's knowledge as we share insights and information.
- deciding together about your child's experience.
- partnering with your family to create procedures and policies that are relevant to you.

- understanding that you are always welcome and your ideas are always welcome.
- becoming involved in a way that suits your family and child.

Our staff will always be open to feedback from your family. Please feel that you are valued, your comments respected and that we are glad to have you as part of our family. You can contact me anytime at joanne@kenmorepark.com.au or phone Kindy to speak to me Monday to Thursday.

OUR PROGRAM

Fiona Guthrie, Educational Leader and Teacher (Red Group)

Play and Brain Development

- *Did you know that the right brain develops first?* It does so by the time children are 3–4 years of age. The right brain is responsible for empathy, intuition, imagination and creativity. The left brain, on the other hand, doesn't fully come online until children are approx. 7 years of age. This side of the brain is responsible for language, numeracy, literacy and analysis. Therefore, we don't want to push the "measured" outcomes onto children when they truly aren't ready for it.
- *Did you know that the average baby's brain is about ¼ of the size of an average adult brain?* Incredibly it doubles in size in the first year and keeps growing to about 80% of an adult size by age 3 and 90% by age 5. The early years are the best opportunity for a child's brain to develop the connections they need to be healthy, capable and successful adults. The connections needed for many important, higher-level abilities like motivation, self-regulation, problem solving, and communication are formed in these early years.
- *Children were born to play!* They are born with a natural instinct for curiosity and effective play-based learning environments such as kindergartens provide stimulation to encourage positive play and learning outcomes. It is through play that children develop the core underlying skills to learn basic concepts required for numeracy and literacy.
- *Emotional development* – During play children learn to cope with emotions like fear, frustration, anger and aggression, as well as practise empathy and understanding.
- *Social development* – Playing with other children helps them negotiate group dynamics, collaborate, compromise, deal with others' feelings and share.
- *Cognitive development* – Children learn to think, read, remember, reason, and pay attention through play.
- *Creative development* – By allowing imaginations to run wild during play, children create new worlds, form unique ideas and solutions to challenges.
- *Language development* – Play lets children exchange thoughts and information through speech, signals, writing and actions.

- Our EYLF (Early Years Learning Framework) supports educators developing their programs to create a context for learning through which "children can organize and make sense of their world as they engage with people, objects and representations." (DEEWR, 2009, p.6) and provide opportunities for intentional teaching. Intentional teaching is an educator being deliberate, purposeful and thoughtful in their decisions and actions for the children they teach. This can be a planned opportunity to extend and support play ideas and learning from the children.

SOCIAL STAGES OF PLAY

Unoccupied Play



The random movements that Infants make with no clear purpose is the beginning of play.

Solitary Play



When children start to play on their own. Children do not seem to notice other children sitting or playing nearby during this type of play

Onlooker Play



When children watch others play. The child who is looking may ask questions but there is no effort to join the play.

Parallel Play



When children begins to play side-by-side with other children without any interaction. They are paying attention to each other.

Associative Play



When children start asking questions of each other. They have similar goals but there are no set rules.

Social Play



When children begin to share ideas and toys, and follow established rules and guidelines.



OUR QUALITY IMPROVEMENT PLAN

Did you know that Kenmore Park Kindy has a Quality Improvement Plan?

Every year, as part of our commitment to continued improvement, we review all aspects of quality at our Kindy. This information is used to form our Quality Improvement Plan (QIP), which we work on throughout the year. The main points we are currently working on in our Quality Improvement Plan are:

- Implementing our Reconciliation Action Plan (RAP)
- Helping families feel informed about our program through Storypark posts, program displays, parent-teacher meetings and information nights.
- Reviewing our Workplace Health and Safety systems
- Implementing our Staff Wellbeing Plan
- Extending our family support services by providing online access
- Documenting our systems and procedures into a Handbook for all staff
- Creating a Bush Care Group so we can help our community by improving the natural environment in our local area.

You can ask to see our Quality Improvement Plan any time. If you have feedback or ideas you would like to add to any of the above points, we would love to hear your ideas! Please email joanne@kenmorepark.com.au

PARENT INFORMATION EVENING

Kenmore Park families are invited to attend a "School Readiness" Talk on Thursday 10th October, 7pm at Kindy. This information session, supported by "Learning Connections", will cover children's development and how to give children the best start for learning and schooling. We look forward to seeing you there! RSVP via Storypark by 20th September.

SUSTAINABILITY CORNER

Emma Harding
Pre-Kindy and Kindy Assistant

Here at Kenmore Park, we promote awareness through involving children in practices such as gardening, minimising waste, recycling and reducing water and energy consumption.

Gardening

The children have been enjoying planting seeds and watching their seedlings grow in our Vegepod. So far, we've enjoyed carrots, chives, basil, spring onions and strawberries all planted from seed. We're now patiently waiting for our corn seeds to pop.

Worm farms

We minimise our waste through composting our food scraps. The children sort their lunchbox scraps and even bring scraps in from home to feed our hungry worms. All that lovely worm tea is then used on our gardens.

Recycling


We love recycling boxes for our collage. Any clean boxes that you have finished with, we can use!

Reusing

If you have any used, clean bread bags or similar sized plastic bags, we would love to reuse them as wet clothes bags.

Containers for change

We are currently looking into collecting eligible containers to raise funds for Kenmore Park Kindy. Stay tuned!



FROM THE COMMITTEE

Catherine Robertson, President.

Wow, what a term we have had! We have celebrated Book Week, boogied at the Kindy Disco, and of course engaged in a variety of learning experiences in our classrooms and the bush. Now that the weather has warmed up, the children have also enjoyed muddy play in Unit 2. What fun!

Over the holidays, we invite you to our Play at the Park on Sunday 29th September at Rocks Riverside Park. Keep a lookout on Storypark for more details.

Have you seen our new office front? What a difference it makes! Thank you very much to Jo, Fiona and her husband and Kerry for revamping this space over the last holiday break. Unit 2 is also looking fresh after the purchase of some new shelving and painting. Thanks to the teachers and parents who helped with this.

"Rainbow Rummage" is coming up on Saturday 12th October from 10am - 12pm. We will have face painting and a jumping castle for the kids as well as a special appearance from Scrapboy from dirtgirlworld! Scrapboy will do some seed plantings with the children as well as talk to them about the environment. There will be a Trash and Treasure stall, sausage sizzle and coffee van. This is also an Open Morning and our teachers will be on hand to show new families around our Kindy and speak to them about our wonderful programs. Be sure to invite any friends or family who may be interested in enrolling for 2020! I hope to see you all there enjoying the event with your family.

Thank you to Caroline Smith, our Maintenance Officer, and those who attended our Working Bee this term. There will be one more in Term 4, Saturday 2 November, so please mark it in your diary if you have not already fulfilled your quota.

Word of mouth is our best form of communication, if you know of any little ones who are due to start Kindy or Pre-Kindy next year and are looking for a Community Kindergarten, we still have vacancies left. Please contact Kerry in the office for more information.

Thank you for a fantastic Term 3! I hope everyone has a great holiday and I look forward to seeing you at the upcoming "Rainbow Rummage" on Saturday 12th October.

News from Playgroup

Playgroup will begin for Term 4 on **Wednesday 9 October, 9.15 - 11am.** The cost is \$10 per session or you can pay \$85 to attend the whole 10 week term.

Playgroup is led by Ms Louise Hunter. New families are welcome to join us in Term 4. Please contact Bree via email playgroup@kenmorepark.com.au for more information.

Our Program for Term 4 is as follows:

- 9 Oct Cooking lesson - making fruit skewers
- 16 Oct Water play
- 23 Oct Make an aquarium
- 30 Oct Special Halloween playgroup - come dressed as a favourite character & have a spookily good time!
- 6 Nov Bush Playgroup
- 13 Nov Cooking lesson - making bliss balls
- 20 Nov Water play
- 27 Nov Bush Playgroup
- 4 Dec Christmas arts & crafts
- 11 Dec Christmas Party!



STAFFING UPDATE

Kerry Alcock, our Book keeper and Office Administrator will be working Mondays, Tuesdays and Thursdays, 8.30am - 3.00pm, during Term 4.

Welcome to our newest staff members, Caroline Gilbert (Assistant, Blue Group) and Lei Yan (Inclusion Support, Purple Group).

Thank you to Louise Hunter, who has been replacing Bec Monteith in Pre-Kindy over the last four weeks of this term as Bec completes her final Prac for her Bachelor of Education degree.

ADMIN REMINDERS:

Please ensure that we have up-to-date contact details for you. Let Kerry in the office know if your address, phone or email has changed. You can contact her at info@kenmorepark.com.au

COMMUNITY EVENTS

Don't forget to bring in your secondhand goods for RAINBOW RUMMAGE! Thank you to those families who have already left items in the office at Kindy. If you are having a clean out over the holidays, please give Catherine Robertson a call on 0417 631 387 or email president@kenmorepark.com.au to arrange pick up/drop off of your goods.

Open Morning

For Pre-Kindy & Kindy kids!

Meet Scrapboy from dirtgirlworld! Coffee! Face Painting! RAINBOW RUMMAGE EFTPOS! Jumping castle! Trash & Treasure! Sausage Sizzle!

 Kenmore Park Kindy
- Rainbow of possibilities -

📅 **Saturday 12th October 2019**
🕒 **10.00am - 12.00pm**
📍 **982 Moggill Road (behind the Church)**
[More details via facebook.](#)
[We hope to see you there!](#)
www.kenmorepark.com.au

WHAT'S ON IN THE HOLIDAYS?

SWITCH BRICKS

School Holiday workshops
SEPTEMBER 23RD-28TH 2019

POP UP VENUE:
25 COTHILL, ROAD BOOVAL

 www.switchbricks.com
switchbricksfun@gmail.com

 facebook.com/SwitchBricks/  CALL TAM 0403 770 688

Tickets are just \$5 for children 1-3 yrs and \$10 for children 4-12 yrs. Adults accompanying ticketed children are free. Session spaces are limited. BOOKINGS RECOMMENDED to avoid missing out!





RAINBOW RUMMAGE RAFFLE

This week we are launching our RAINBOW RUMMAGE RAFFLE and we have an amazing range of prizes on offer.

Tickets are \$2 each and you should have received a booklet of tickets in your parent pockets this week. We encourage you to sell as many as you can to family, friends, neighbours and work colleagues.

Every little bit helps and will go towards making this a hugely successful fundraiser for our Kindy. Should you require more tickets, please see Kerry in the office. Ticket stubs and money can be returned to Kerry in week 1 of Term 4, or alternatively, you can bring them to Rainbow Rummage on Saturday 12th October.

The raffle will be drawn at our Rainbow Rummage Community Event on Saturday 12th October. Winners will be notified by phone.

****Each family who sells all 20 raffle tickets will be placed in the draw to win a mystery prize****

Many thanks to April Underwood, Fundraising Officer, who has organised the raffle, and the local businesses that kindly donated the fantastic prizes.

PRIZES!

1st Prize:

- 1 night's accommodation in a 1-bedroom apartment at Portobello by the Sea Holiday Apartments in Caloundra.
- A 3 month gym membership to Genesis Fitness at Jindalee
- Voucher to Method to the Madness Cafe, Kenmore

2nd Prize:

- 2 x A reserve tickets to 'A Christmas Carol' for opening night, Friday 29 November at QPAC.
- Family day pass to Lone Pine Koala Sanctuary.
- \$50 voucher iFruit Fresh Kenmore Plaza.

3rd Prize:

- 2 adult passes to Blueroom Cinebar, Paddington.
- \$50 voucher from Sherwood Road Organic Meats.
- \$50 voucher + \$10 off eyelash extensions at Hair by Kelly Gale, Seventeen Mile Rocks.



Can you help at Rainbow Rummage?

A sign-up roster will be on Storypark soon. Please take a look and see where you may be able to help. Remember, many hands make light work!

COMMUNITY CONNECTIONS

Does your kindy aged child have bedtime or sleep difficulties?

Free Workshops
for parents of children who begin Prep next year*

Griffith University
Psychology Clinic
MOUNT GRAVATT
GOLD COAST

*After completing an eligibility survey, parents will be allocated to a group that will commence either this year or a group that will commence after term 2, next year.
Parents will be required to complete 4 surveys over 12 months, regardless of condition allocated. Parents will be offered a \$20 voucher at timepoints 2, 3 and 4 for completion of surveys.

Lights Out Program

FREE WORKSHOPS INCLUDE

- 6 week workshop series
- 1.5 hour weekly sessions
- Personalised phone call
- All materials included

THE PROGRAM COVERS

- Difficulty falling asleep
- Nighttime waking
- Nighttime fears and anxiety
- Oppositional behaviours
- & more!

REGISTER YOUR INTEREST

☎ (07) 3735 3305

✉ preschoolsleep@griffith.edu.au

f fb.me/lightsoutsleep

 **Griffith UNIVERSITY**
GU Ref No: 2017/962





Healthy Banana Muffins

**PREP 10 min | COOK 12 min |
SERVES 12**

INGREDIENTS

2 very ripe bananas, peeled
2 eggs
½ cup (125 ml) olive oil
½ cup (125 ml) Greek or natural yoghurt
½ cup (90 grams) brown (or coconut) sugar
⅓ cup (80ml) golden syrup
1-tablespoon vanilla extract
2¼ cups (340 grams) plain wholemeal (wholewheat) flour
2 teaspoons baking powder
1 teaspoon cinnamon, ground
½ teaspoon nutmeg, ground
¼ teaspoon ginger, ground

METHOD

Preheat oven to 180 C and line a 12 whole muffin tin with papers. Set aside. Place bananas into large mixing bowl and mash using a fork. Add eggs, olive oil, yoghurt, sugar, syrup and vanilla and whisk to combine. Add flour, baking powder, cinnamon, nutmeg and ginger and stir using a wooden spoon until just combined. Evenly divide the batter between the prepared tin and bake for 12 minutes or until a skewer inserted removes cleanly.

mylovelylittlelunchbox.com
SAFETY - Remember to always supervise kids in the kitchen.

USEFUL LINKS

<https://developingchild.harvard.edu/resources/vroom/>

Vroom is a set of tools and resources from the Bezos Family Foundation designed to inspire families to turn everyday moments into "brain building moments" by layering activities that are essential to healthy brain development onto existing routines.

<https://podcasts.apple.com/au/podcast/parental-as-anything-with-maggie-dent/id1464488062>

Parental As Anything podcasts by Maggie Dent. One of Australia's favourite parenting authors and educators Maggie Dent gives you tips and answers to your real-world parenting dilemmas – screen time, tantrums, building resilience, homework and more.

BICYCLE SAFETY AND CHILDREN

In their early years, children need lots of assistance from adults to manage the considerable risks associated with road use. They need particular help in detecting the presence of traffic and judging the speed and distance of oncoming traffic. As they grow and develop, and with the help of adults, children become increasingly aware of how they can manage their own safety, and become safer road and bicycle users.

Here are some things to remember when your child is riding a bike or scooter:

- Talk with your child about the traffic environment
- Explain what you are doing when you cross the road together. Involve your child in deciding when it is safe to cross the road – of course you still make the decision, but you are teaching your child to think in the traffic environment.
- Always be a good role model for your child by obeying road rules and crossing roads safely.
- Make eye contact with road users, especially at intersections.
- Involve your child in choosing safe places to ride.
- Make sure your child always rides on the footpath or a bicycle path with adult supervision.
- Make certain that your child wears an approved Australian Standards helmet when riding a bike or scooter.

Source: betterhealth.vic.gov.au

CAR SAFETY FOR CHILDREN

Here are some safety tips when travelling in the car:

- Ensure your child always keeps arms, legs and head inside the car when it's moving or parked on the side of the road.
- Activate childproof door locks so your child can't get out when the car is moving or standing still.
- Keep loose items in the glove box or the boot as they can fly about in a crash and increase the risk of injury.
- Always get your child in and out of the car on the kerbside, away from traffic.
- Never leave your child unattended in a car. On a hot day, the temperature inside a car can get to dangerously high levels and cause serious harm.

Source: raisingchildren.net.au



Kenmore Park Kindy
would like to wish our
families a relaxing
holiday and safe
travels. We look
forward to seeing you
in Term 4!

